

338 mm

103 mm

21 mm

Setup data

Shock absorber length Shock absorber stroke Spring preload

Checking sag and ride height

Front suspension F1. Bike on a stand with the suspension fully extended	=	
F2. Bike on the ground with	=	
F3. Bike on the ground with	=	
Free sag	F1 - F2	=
Ride height	F1 - F3	=
Rear suspensionR1.Bike on a stand with the suspension fully extended=		
R2. Bike on the ground <u>without</u> rider =		
R3. Bike on the ground with		
Free sag	R1 - R2	=
Ride height	R1 - R3	=

NOTE!

If ride height is higher than recommended, softer spring/springs must be used. If ride height is lower than recommended, harder spring/springs must be used. Contact your Öhlins dealer for advice.

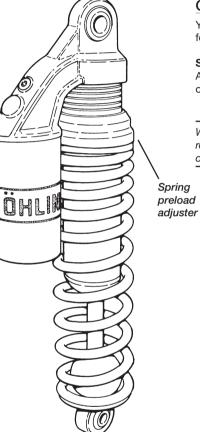
Part No. BM 141. Issued 01 11 26



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Owners Manual

Mounting instructions Öhlins shock absorber kit BM 141 for BMW



Öhlins shock absorber 36 P

Your Öhlins shock absorber type 36 P features the following adjuster:

Spring preload adjuster

Adjustments can be made by changing the position of the upper spring seat.

NOTE!

When delivered the Öhlins shock absorber is dialed to recommended settings for the specific brand and make of the motorcycle.

preload

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Safety signals

Important information concerning safety is distinguished in this manual by the following notations:

A

The Safety alert symbol means: Caution! Your safety is involved.

A WARNING!

Failure to follow warning instructions could result in **severe or fatal injury** to anyone working with, inspecting or using the suspension, or to bystanders.

CAUTION!

Caution indicates that special precautions must be taken to avoid damage to the suspension.

NOTE!

This indicates information that is of importance with regard to procedures.

Before installation

Öhlins Racing AB can not be held responsible for any damage whatsoever to shock absorber or vehicle, or injury to persons, if the instructions for fitting and maintenance are not followed exactly. Similarly, the warranty will become null and void

if the instructions are not adhered to.

A WARNING!

1. Installing a shock absorber, that is not approved by the vehicle manufacturer, may affect the stability of your vehicle. Öhlins Racing AB cannot be held responsible for any personal injury or damage whatsoever that may occur after fitting the shock absorber. Contact an Öhlins dealer or other qualified person for advice.

2. Please study and make certain that you fully understand all the mounting instructions and the owners manuals before handling this shock absorber kit. If you have any questions regarding proper installation procedures, contact an Öhlins dealer or other qualified person.

3. The vehicle service manual must be referred to when installing the Öhlins shock absorber

Öhlins products are subject to continual improvement and development. Consequently, although these instructions include the most up-to-date information available at the time of printing, there may be minor differences between your suspension and this manual. Please consult your Öhlins dealer if you have any questions with regard to the contents of the manual.

NOTE!

During storage and transportation, especially at high ambient temperature, the oil and grease used for assembling may run out inside the packing and damage the expanded polystyrene packing material. This is not unusual and is in no way detrimental to the shock absorber.

Kit contents

Before installing the shock absorber, please check the contents of the kit, listed on the front page of this instruction. If anything is missing, contact your Öhlins dealer.

Pcs.	Part No.
2	BM 141
4	03118-05
2	00710-01
2	00192-01
1	
	2 4 2

Mounting instructions

1

Put the motorcycle on a stand so the rear wheel is clear of ground. Make sure it's steadily fixed so it will not fall over.

A WARNING!

1. It's advisable to have an Öhlins dealer or other qualified person to fit your shock absorber. 2. Instructions in the vehicle service manual are

to be followed when changing the shock absorber.

3. When working on a lifted vehicle it must be securely supported to prevent it from falling.

2

Loosen and remove the standard shock absorbers. See the motorcycle's Workshop manual.

3

Fit the Öhlins shock absorbers in the same position as the standard shock absorbers.

NOTE!

Make sure that all bolts are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber when the suspension is being fully compressed or extended.

4

Continue your work according to Owners manual, section Adjustments.



NOTE!

The shock absorber shall be mounted with the cylinder head upwards and the reservoir backwards. Use the supplied washers and sleeves to fit the shock absorber on your bike.